



July to September 2022

Professional Development Calendar

Broome, Chenango, & Tioga Counties



FOR MORE INFORMATION CALL

(607) 723-8313

EXTENSION 825

OR

1-800-281-8741

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## FAMILY ENRICHMENT NETWORK OFFICE LOCATIONS

Johnson City

24 Cherry St

Binghamton

29 Fayette St

Norwich

21 South Broad St

Owego

1277 Taylor Road  
(in the Abide in the Vine building)

### **\*\* Parking Information \*\***

Johnson City: If you are coming to a training in the evening or the weekend, please use the visitor parking lot on the right side of the building in Johnson City, or park on the street. Please do not park in the fenced-in bus and employee parking lot.

Binghamton: You can park on the same side of the street as our building. (We no longer rent parking in the lot across the street, so parking there is at your own risk.)

Owego: The entrance to the building is on the left side and parking is available in that area.

Norwich: You can park on the street in front of the building or in the back parking lot (turn into the ally way next to the movie theater to access the parking lot). Please enter in the front of the building, directly from S Broad St.

# CONTACT CCR&R STAFF



| Call  | Phone                      | For information about                              |
|---|----------------------------|--|
|   | <b>JOHNSON CITY OFFICE</b> |  |
| Jennifer Perney, CCR&R Director                   | 723-8313 ext. 872          | Comments, concerns and complaints                  |
| Leslie Vermaat, CCR&R Specialist                  | 723-8313 ext. 884          | Training, online training, mentoring               |
| Kami Paiz, Child Care Specialist                  | 723-8313 ext. 829          | Parent referrals, program updates, assistance      |
| Cathy Lipski, Health and Wellness Coordinator     | 723-8313 ext. 824          | CACFP/food program, Health & CPR/First Aid         |
| Crystal Rozelle, CCR&R Assistant                  | 723-8313 ext. 825          | CACFP, EIP questions/training registration         |
| Julie Henry, Business Specialist                  | 723-8313 ext. 1616         | Business questions/CPR-First Aid                   |
| Lisa Rosa, Family Child Care Network Coordinator  | 723-8313 ext. 1619         | Family Child Care Network questions                |
| Gina Ritter, Informal Child Care Specialist       | 723-8313 ext. 832          | Legally Exempt questions                           |
| Emily Owen, Informal Child Care Specialist        | 723-8313 ext. 1621         | Legally Exempt questions                           |
| Rachel Dowd, Training and Coaching Specialist     | 723-8313 ext. 894          | Training and coaching for QSNY                     |
| Linda Miller, Outreach and Recruitment Specialist | 723-8313 ext. 826          | Licensing questions, Desert grant help             |
|   | <b>NORWICH OFFICE</b>      |  |
| Erica Hazard, Chenango CCR&R Specialist           | 373-3555 ext. 1522         | General questions, program updates, training needs |
|   | <b>OWEGO OFFICE</b>        |  |
| Cortney Nornhold, Infant Toddler Specialist       | 687-6721 ext. 1187         | Infant Toddler questions, CDA training             |

## PROFESSIONAL DEVELOPMENT STAFF

Few are ready to meet your training needs with our knowledgeable and highly experienced trainers.



Leslie Vermaat  
CCR&R Specialist



Cathy Lipski  
Health and Wellness Coordinator



Julie Henry  
Business Specialist and  
CPR-First Aid Trainer



Erica Hazard  
Chenango CCR&R Specialist



Cortney Nornhold  
Infant Toddler Specialist



Rachel Dowd  
Training & Coaching

# TRAINING POLICIES AND INFORMATION

## **\*\* Registration Information \*\***

You must register for trainings **two weeks prior** to the date. All EIP paperwork, FEN scholarship paperwork, VOICE/CSEA number, and/or payments must be received to be considered registered. You must notify us of any scholarship submission. Your training enrollment is pending until we receive any scholarship award notification/voucher, so you need to apply early! You are not registered for a training at FEN unless you contact us!

Please make all checks payable to Family Enrichment Network, Inc.

If paying by credit card, you must have an email address. Please call for details.

Call Crystal at 723-8313 ext. 825 or email her at [crozelle@familyenrichment.org](mailto:crozelle@familyenrichment.org) to register.

Training for the Webcasts must be done through SUNY PDP at:

[www.ecetp.pdp.albany.edu/webcasting.aspx](http://www.ecetp.pdp.albany.edu/webcasting.aspx)

## **\*\* EIP Information \*\***

Scholarship funding to participate in training may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu). You may also contact EIP at [eip@albany.edu](mailto:eip@albany.edu) or 800-295-9616 or 518-442-6575.

Trainings are eligible for EIP if conducted by a NYS Credentialed Trainer. This is indicated in the training listing.

\*Apply early, as funding is limited and could run out.

## **\*\* CSEA VOICE Information \*\***

Scholarship funding may be available through CSEA VOICE for family, group family, and legally exempt providers. Visit [voiccese.org](http://voiccese.org) to obtain a CSEA ID and for more information.

## **\*\* Refund Policy \*\***

All trainings, conferences and/or workshops are NON-Refundable, unless cancelled by us.

## **\*\* Cancellations \*\***

We reserve the right to cancel trainings if fewer than 3 people are registered, or in case of inclement weather. If you are registered, you will be contacted in the case of a cancellation. If you are unable to attend a training you are registered for, please cancel your registration by calling 723-8313 ext. 825.

## **\*\* Inclement Weather \*\***

If Family Enrichment Network closes the agency for all programs because of inclement weather, all trainings are also cancelled. To find out if the agency has closed, call the main number and listen to the message at (607) 723-8313, check our Facebook page, or check our website for updates.

## **\*\* Accessibility \*\***

In Johnson City, the front doors do lock after the trainings begin. Please arrive on time. If you need to leave the building after a training begins, take someone with you to let you back inside.

## **\*\* Training Certificates \*\***

Training certificates will be distributed at the training if you registered and paid in advance. If you are not registered for a training, but walk in, a training certificate will be provided upon completion of class AND after payment is received. There will be a \$5.00 charge for duplicate training certificates requested. You must complete the entire training in order to receive training credit. There is no option to take a partial training.

## **\*\* Children \*\***

To respect the professional training of others, please do not bring children to the trainings. There is no child care available and you will be asked to leave.

## **\*\* Training Etiquette \*\***

Please be respectful of others by turning your cell phone to vibrate and limiting talking to that which is appropriate to the training.

## IMPORTANT PAYMENT INFORMATION

**SUNY Professional Development Program Educational Incentive Program (EIP):** EIP is a voluntary scholarship program and may be available to help cover the costs of trainings. Please apply for EIP at [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu). We do not want EIP applications or a copy of your income taxes. We only need proof of EIP eligibility (for example, approval letter, denial letter). If you are 100% eligible for EIP funding, you do not have to pay a co-pay. If you are 75% eligible for EIP, you will need to pay the remaining balance due. EIP vouchers must be signed and turned in for each training.

**CSEA/VOICE Professional Development Training Program:** Family Enrichment Network is an approved training organization. Family and group family child care providers can obtain their CSEA ID and apply for training scholarships through <http://voicecsea.org/>.

**FEN Scholarship:** A FEN Scholarship may be available to help you cover the training cost, if eligible. Eligibility for the FEN Scholarship will be reviewed annually. Proof of income will be reviewed, as well as program financial information. Economic hardships will be evaluated on an individual basis; this will determine your co-pay amount. Upon award, you will receive a voucher for each class you are approved for. You must turn in the voucher as payment for each training.

You will not be enrolled in training until payment is made or proof of scholarship is provided.

Classes not eligible for scholarships are listed. To be eligible for EIP, classes must be approved through SUNY PDP and conducted by a credentialed or verified trainer. Classes are submitted for approval by our trainers.

Classes not currently approved for EIP include MAT and the Health and Safety Training (for non-registered/licensed providers).

All classes should be eligible for the CSEA/VOICE scholarship, as Family Enrichment Network is an approved training organization.

Classes not eligible for the FEN Scholarship include MAT, Health and Safety Training (start-up grants may be available for providers in the process of registration or licensing), Fall Conference, CPR/First Aid, and CDA. The FEN Scholarship is designed for single, evening classes.

**Please call the training registration specialist with questions about how payment works.**

## TRAINING CATEGORIES

### Office of Children and Family Services (OCFS) Categories:

- |  |  |
|--|--|
| 1 - Principles of Childhood Development  | 6 - Child Abuse & Maltreatment Identification/Prevention |
| 2 - Nutrition & Health Needs of Children | 7 - Statutes & Regulations Pertaining to Child Day Care  |
| 3 - Child Day Care Program Development   | 8 - Statutes & Regulations Pertaining to Child Abuse     |
| 4 - Safety & Security Procedures         | 9 - Education & Prevention of Shaken Baby Syndrome       |
| 5 - Business Record Maintenance & Mgmt.  | 10 - Adverse childhood experiences, trauma & resiliency  |

**REMINDER:**

Opportunities are not listed by county. All the opportunities offered by Family Enrichment Network CCR&R are included together. The location of each training is indicated. Make sure to read all the opportunities to not miss out!

**July****Small Talk - "P" is for Pilates**

Movement is important for physical and mental health. Pilates exercises can be a way to meet this goal. This class will teach participants the basics of Pilates for adults and children in an active presentation. Pilates strengthens abdominal and back muscles, encourages flexibility and helps develop balance, body awareness and coordination skills. Because Pilates is a mind and body discipline, it can guide children to a stronger body and a more relaxed state of mind. Best of all, it is based on natural movements that are fun for children and adults. Wear comfortable clothing and bring a Yoga mat if you have one.

\*This class counts for CACFP training.

Presenter: Cathy Lipski  
 Date: July 6th  
 Time: 6—7:30pm  
 Location: Fayette St., Bing  
 Training credit: 1 1/2 hours  
 OCFS Category: 1 & 2  
 Cost: FREE  
 Target Audience: FCC, GFCC & LE

**CPR/First Aid Recertification**

This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario-based discussions, demonstrations of skills and the opportunity for instructor-facilitated student practice. CPR/AED and First Aid skills will be taught and practice as they related to Adult, Children, & Infants. Participants will be able to perform effective CPR, use an AED, and be trained in basic first aid techniques.

Presenter: Cathy Lipski  
 Date: July 7th  
 Time: 5:30—9:30pm(until over)  
 Location: Fayette St., Binghamton  
 Cost: \$80/EIP & VOICE  
 Target Audience: ALL

**Virtual Director Health and Safety**

Directors are responsible for hiring, training & maintaining staff who provide a healthy and safe environment for children. This course will help directors look at policies and procedures that reinforce high-quality health and safety practices. Directors will receive in-depth information on the CCDBG training requirements and will be encouraged to examine their policies in order to make positive changes that promote best practice care.

You must register with both SUNY PDP and FEN for this training. [www.ecetp.pdp.albany.edu/findtraining.aspx](http://www.ecetp.pdp.albany.edu/findtraining.aspx)

Presenter: Leslie Vermaat  
 Dates: July 11, 13, 18, 25, & 28  
 Time: 9am—12pm  
 Location: Virtual  
 Training credit: 15 hours  
 Cost: \$250 (grants available for Broome directors)  
 Target Audience: CCC, SACC & LE group

### 101 Level ACEs

The 101-Level ACE Institute Training for Child Care Providers and Educators is the first training in a series designed to broaden the awareness of the effects of ACE’s on children. This is the foundational training in which providers will learn the basic brain science surrounding the ACE’s research. In later training, providers will apply this knowledge and gain practical strategies for trauma informed practice in early childhood education and care.

\*Next register for the follow-up ACEs class (ACEs 201) offered on August 2nd!

Presenter: Leslie Vermaat  
 Date: July 14th  
 Time: 6:00—9:00 PM  
 Location: Virtual  
 Training credit: 3 hours  
 OCFS Category: 10  
 Cost: \$105/EIP  
 Target Audience: ALL

### Effective Marketing

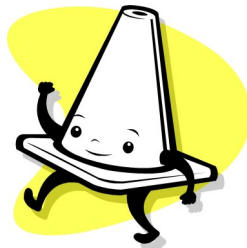
Marketing is ongoing communication of what you have to offer and the benefits of your program. We will talk about the 7 P’s of Marketing. What is the most efficient and cost effective ways to target your audience? How do you want others to perceive you and how to build an outstanding brand for business? We will explore many different ideas that you can use to make your business a success.

Presenter: Julie Henry  
 Date: July 20th  
 Time: 6:30—8:00 PM  
 Location: Fayette St., Bing  
 Training Credit: 1 1/2 hours  
 OCFS Category: 3 & 5  
 Cost: FREE  
 Target Audience: All

### What Infants and Toddlers Need

This training will look at ways to be a responsible caregiver. We will discuss ways infants and toddlers are active learners. They need to have the freedom to move around the childcare space. We will look at and discuss developmentally appropriate activities for infants and toddlers that will promote such skills as their social-emotional, physical, cognitive, and sociolinguistic needs.

Presenter: Cortney Nornhold  
 Date: July 21st  
 Time: 6:00—8:00 PM  
 Location: Broad St., Norwich  
 Training Credit: 2 hours  
 OCFS Category: 1 & 3  
 Cost: FREE  
 Target Audience: All



### Health and Safety—Provider

This competency based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion is required for all new group and family child care providers prior to becoming licensed or registered, as well as existing providers who change location or modality.

You must register with both SUNY PDP and FEN for this training.

[www.ecetp.pdp.albany.edu/findtraining.aspx](http://www.ecetp.pdp.albany.edu/findtraining.aspx)

Presenter: Leslie Vermaat  
 Date: July 19, 21, & 26  
 Time: 8am– 2pm each day  
 Location: Cherry St., JC  
 Training credit: 15 hours total  
 Cost: \$250/grants available  
 Target Audience: FCC, GFCC, LE





## August

### **201 Level ACEs**

This training is the next step after Aces 101 in increasing your knowledge about trauma and its effect on children. We will begin to apply the science of Aces 101 but it will not be a "magic wand" solution to all challenging behaviors. This training is focused around responding to a child's "flipped lid" and keeping ourselves regulated in times of stress.

Presenter: Leslie Vermaat  
 Date: August 2nd  
 Time: 6:00—9:00 PM  
 Location: Virtual  
 Training credit: 3 hours  
 OCFS Category: 10  
 Cost: \$105/EIP  
 Target Audience: ALL

### **Effective Marketing**

Marketing is ongoing communication of what you have to offer and the benefits of your program. We will talk about the 7 P's of Marketing. What is the most efficient and cost effective ways to target your audience? How do you want others to perceive you and how to build an outstanding brand for business? We will explore many different ideas that you can use to make your business a success.

Presenter: Julie Henry  
 Date: August 3rd  
 Time: 6:30—8:00 PM  
 Location: Taylor Rd., Owego  
 Training Credit: 1 1/2 hours  
 OCFS Category: 3 & 5  
 Cost: FREE  
 Target Audience: All

### **Contracts and Policies**

A child care program's policies, procedures, and contract will help give your parents a picture of how their child will be cared for. The contract should include the child's schedule, rates and fees, how vacations are handled, and what the expectation is if you will no longer be providing care. In addition to a signed contract, you should have written policies for other important situations. If you already have written contract and policies bring them with you and you can look at them we go through the class.

Presenter: Julie Henry  
 Date: August 11th  
 Time: 6:30—8:00 PM  
 Location: Broad St., Norwich  
 Training Credit: 1 1/2 hours  
 OCFS Category: 3, 5, & 7  
 Cost: FREE  
 Target Audience: All



### **CPR/First Aid Recertification**

This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario-based discussions, demonstrations of skills and the opportunity for instructor-facilitated student practice. CPR/AED and First Aid skills will be taught and practice as they related to Adult, Children, & Infants. Participants will be able to perform effective CPR, use an AED, and be trained in basic first aid techniques.

Presenter: Julie Henry  
 Date: August 17th  
 Time: 5:30—9:30pm(until over)  
 Location: Broad St., Norwich  
 Cost: \$80/EIP & VOICE  
 Target Audience: ALL





## Contracts and Policies

A child care program's policies, procedures, and contract will help give your parents a picture of how their child will be cared for. The contract should include the child's schedule, rates and fees, how vacations are handled, and what the expectation is if you will no longer be providing care. In addition to a signed contract, you should have written policies for other important situations. If you already have written contract and policies bring them with you and you can look at them we go through the class.

Presenter: Julie Henry  
 Date: August 23rd  
 Time: 6:30—8:00 PM  
 Location: Fayette St., Bing  
 Training Credit: 1 1/2 hours  
 OCFS Category: 3, 5, & 7  
 Cost: FREE  
 Target Audience: All

## Watch Me!

This workshop increases participants' knowledge around developmental milestones and early identification with activities, resources and materials. This training is part of the CDC's Learn the Signs, Act Early Campaign.

Presenter: Cortney Nornhold  
 Date: August 25th  
 Time: 6:00—8:00 PM  
 Location: Taylor Rd., Owego  
 Training Credit: 2 hours  
 OCFS Category: 1 & 3  
 Cost: FREE  
 Target Audience: All



## September

### Contracts and Policies

A child care program's policies, procedures, and contract will help give your parents a picture of how their child will be cared for. The contract should include the child's schedule, rates and fees, how vacations are handled, and what the expectation is if you will no longer be providing care. In addition to a signed contract, you should have written policies for other important situations. If you already have written contract and policies bring them with you and you can look at them we go through the class.

Presenter: Julie Henry  
 Date: September 1st  
 Time: 6:30—8:00 PM  
 Location: Taylor Rd., Owego  
 Training Credit: 1 1/2 hours  
 OCFS Category: 3, 5, & 7  
 Cost: FREE  
 Target Audience: All

### Oh, What a Thrill!

Research shows children have an instinctual need to test their bodies and minds. In fact, many children thrive when they are able to overcome obstacles to become confident and capable learners. In this training, participants will define the six categories of risky play, identify the benefits of such play, and brainstorm activities to safely allow children to take risks in their programs.

Presenter: Cortney Nornhold  
 Date: September 15th  
 Time: 6:00—8:00 PM  
 Location: Fayette St., Bing  
 Training Credit: 2 hours  
 OCFS Category: 1, 3, & 4  
 Cost: FREE  
 Target Audience: All



### CPR/First Aid Recertification

This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario-based discussions, demonstrations of skills and the opportunity for instructor-facilitated student practice. CPR/AED and First Aid skills will be taught and practice as they related to Adult, Children, & Infants. Participants will be able to perform effective CPR, use an AED, and be trained in basic first aid techniques.

Presenter: Cathy Lipski  
 Date: September 28th  
 Time: 5:30—9:30pm(until over)  
 Location: Fayette St., Bing  
 Cost: \$80/EIP & VOICE  
 Target Audience: ALL

### When Good Food Goes Bad

It happens when you least expect it and it is horrifying—good food that has gone bad! This program will approach safe handling of food in a fun and humorous manner. Topics that will be covered include how to understand product expiration dates, deciding if food is still edible and how to store and freeze food to keep it healthy, safe, and full of flavor. \*This class counts for CACFP training.

Presenter: Cathy Lipski  
 Date: September 27th  
 Time: 6—7:30pm  
 Location: Fayette St., Bing  
 Training credit: 1 1/2 hours  
 OCFS Category: 2 & 4  
 Cost: FREE  
 Target Audience: FCC, GFCC & LE

### Virtual Director Health and Safety

Directors are responsible for hiring, training & maintaining staff who provide a healthy and safe environment for children. This course will help directors look at policies and procedures that reinforce high-quality health and safety practices. Directors will receive in-depth information on the CCDBG training requirements and will be encouraged to examine their policies in order to make positive changes that promote best practice care.

You must register with both SUNY PDP and FEN for this training. [www.ecetp.pdp.albany.edu/findtraining.aspx](http://www.ecetp.pdp.albany.edu/findtraining.aspx)

Presenter: Leslie Vermaat  
 Dates: September 26, 27, 29, October 3, & 4  
 Time: 8:30—11:30AM  
 Location: Virtual  
 Training credit: 15 hours  
 Cost: \$250 (grants available for Broome directors)  
 Target Audience: CCC, SACC & LE group

CDA classes start  
 September 29th.  
 Information and  
 application are available  
 on our website or email  
[cnornhold@familyenrichment.org](mailto:cnornhold@familyenrichment.org)

## SAVE THE DATE

### NORWICH FALL CONFERENCE

Saturday,  
November 5, 2022  
Location: TBD  
Times: TBD

More information  
will come soon!



## ATTENTION CENTERS AND SACCS

Don't delay in planning your program in-service days! Reach out to us now to book one of our trainers to offer a workshop onsite. We can tailor topics specific to your need or choose one from our menu below:

- FLIP IT
- Dealing with Challenging Behaviors
- Anti- Sexual Harassment Training Compliance
- Physical Activity and Nutrition for Early Care and Education
- Emergency Planning
- CPR/First Aid
- Active Supervision
- Mandated Reporter
- Building Your Bounce

### Scheduled Upon Request:

#### **Anti- Sexual Harassment Compliance**

The purpose of this training is to have a common understanding of what sexual harassment is and what is not acceptable in our workplace. This training must be renewed yearly for all childcare providers along with staff and volunteers.

Must have a minimum group of 4 participants.

|                  |             |
|------------------|-------------|
| Presenter:       | Julie Henry |
| Training credit: | 1 hour      |
| Target Audience: | ALL         |

### On Demand:

CPR/1<sup>st</sup> Aid – **Chenango County**  
Call or Email Julie to schedule  
Phone: 607-723-8313 Ext 1616  
Email: [jhenry@familyenrichment.org](mailto:jhenry@familyenrichment.org)

**WATCH OUT FOR THE POP-UP  
WORKSHOPS THROUGHOUT  
THE SUMMER AND FALL!**

**Keep an eye on your email for these  
announcements.**





Family Enrichment Network  
24 Cherry Street  
Johnson City, NY 13790-0997



The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families. This mission includes a strong commitment to partnering with families and community agencies to develop and provide programs to achieve the best results for children and families. We believe in coordinating children and family services using a comprehensive and collaborative approach to improve their quality of life while ensuring the greatest value for our investment in child, adult, and parent development .

To learn more about our mission, and share in our vision that all children and families have the opportunity to grow and develop to their full potential, please visit our website at [www.familyenrichment.org](http://www.familyenrichment.org).